



Aftersunset  
**Somatic  
Movement  
Teacher  
Training**

# 2025-2026 Somatic Movement Teacher Training Program Contact Sheet

After filling out the items below, you may return the pdf by email 请将本文件填写完整，后将 PDF 文件发送至邮箱: [jessicalusijia@gmail.com](mailto:jessicalusijia@gmail.com)

Please remember that this Contact Sheet is one part of a four-part application.  
此联系方式文件为申请材料中四项所需文件的一项。

Part 1 第一部分: Letter or Video Introduction 文书或视频自我介绍

Part 2 第二部分: Resume / CV 个人简历

Part 3 第三部分: Contact Sheet 联系方式文件

Part 4 第四部分: Letter of Recommendation 推荐信

First Name 名:

Last Name 姓:

Email 电子邮件:

Phone 电话:

WeChat Account Name 微信账号名:

Address 地址:

Date of Birth 出生日期:

\*The above information will appear on your graduation certificate, which will be mailed to the address you provided.

\*注：以上内容将出现在课程结业证书上，并寄送至所填写地址。